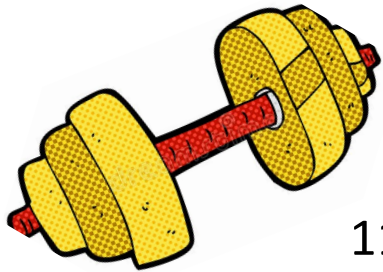
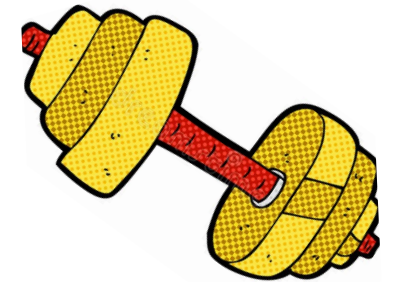


Water Workout Classes



Shallow Water Cardio & Strength

8:05-8:55am	Mon/Wed/Fri	\$70.00
11:40am-12:30pm	Tues/Thur	\$50.00
2:05-2:55pm	Tues/Thur	\$50.00
6:05-6:55	Tues/Thur	\$50.00



Water-belt Deep Water Boot Camp

7:35-8:25	Mon	\$30.00
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Aqua Zumba with Britney

7:35-8:25	Wed	\$30.00
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New Session starts beginning of each month
Drop in for single class \$8.00



Kinsmen Sportsplex
306-694-4483
moosejaw.ca

