



Kinsmen Sportsplex Reopening Plan



City of Moose Jaw – Parks and Recreation

TABLE OF CONTENTS

Overview	3
Timelines and Key Dates	4
Programming Plan	5
Summary	5
Hours of Operation	5
Staff Requirements	7
Operational Guidelines	8
Guidelines for General Pool Operations	9
Swim Lessons, Fitness Classes and Training Guidelines	11
Activity Consideration and Physical Distancing	11
Lifeguarding and Supervision	12
Kinsmen Sportsplex Re-open Information	13
Kinsmen Sportsplex Rates	16

OVERVIEW

The Kinsmen Sportsplex was closed to the public on March 17, 2020 due to the public health measures implemented by the province of Saskatchewan because of the COVID-19 pandemic. All memberships and bookings were frozen, and refunds were issued upon request. Before the pandemic, the Department had 315 Recreation Pass Memberships and 68 Aquatic Memberships. Swim lesson credit or refunds were offered to over 400 participants.

As the province looks to re-open the provincial economy, different areas and services offered by the facility have been identified for reopening in a phased approach. All phases include many public health precautionary measures and guidelines that must be adhered to.

The Parks and Recreation Department continues to review the reopening guidelines issued by the province and has produced a Kinsmen Sportsplex Reopening Plan that considers programming impacts, budgetary implications, facility alterations, communication plans, customer safety, staff safety and cleaning/sanitization requirements.

TIMELINES AND KEY DATES

March 17, 2020	City of Moose Jaw Recreation Facilities close
June 11, 2020	Phase 4.1 announced to start June 22, 2020 which include outdoor pools
June 30, 2020	Phase 4.2 announced to start July 6, 2020 which include indoor pools
July 6 – August 7, 2020	Facility alterations and equipment set up
July 13, 2020	Media release with tentative reopening dates
July 27, 2020	Staff recalls for programming and policy updates
August 10, 2020	All Staff recalled. Lifeguard recertification and training occurs
August 13, 2020	Pool opens to the public.

PROGRAMMING PLAN

Summary

The services offered through the Kinsmen Sportsplex will be reopened through a phased approach:

Phase 1: Summer hours (August 13 – September 6)

Phase 2: Fall & winter hours (September 8 – December 30)

Phase 3: Swim lessons September 12 and private rentals September 19

Hours of Operation

Phase 1: August 13 – September 6

Monday to Friday

6:00 am - 7:45 am

Lane Swim

8:05 am - 8:55 am

Water Workout (M, W & F – Shallow/Tu, Th – Deep)

9:15 am - 11:15 am

Family Swim (lanes available)

11:30 am - 12:45 pm

Adult Swim (lanes available)

1:00 pm - 2:45 pm

Family Swim

3:15 pm - 5:00 pm

Family Swim

5:35 pm - 6:25 pm

Water Workout (M & W – Deep/Tu, Th – Shallow)

7:00 pm - 8:45 pm

Family Swim (lanes available)

Saturday & Sunday

1:00 pm - 2:45 pm

Family Swim (lanes available)

3:15 pm - 5:00 pm

Family Swim (lanes available)

7:00 pm - 8:45 pm

Family Swim (lanes available)

Phase 2: September 8 – September 11, 2020

Monday to Friday

6:00 am - 7:45 am

Lane Swim

8:05 am - 8:55 am

Water Workout (M, W & F – Shallow/Tu, Th – Deep)

9:30 am - 11:30 am

Family Swim (lanes available)

11:30 am - 1:00 pm

Adult Swim (lanes available)

4:00 pm - 7:00 pm

Moose Jaw Kinsmen Flying Fins

5:30 pm - 6:30 pm

Water Workout (M & W Deep/Tu, Th & F-Shallow)

7:00 pm - 8:45 pm

Family Swim (lanes available)

Saturday & Sunday

11:30 am - 12:45 pm

Adult Swim (lanes available)

1:00 pm - 2:45 pm

Family Swim (lanes available)

3:15 pm - 5:00 pm

Family Swim (lanes available)

7:00 pm - 8:45 pm

Family Swim (lanes available)

Phase 3: September 12 – December 31

Monday to Thursday

6:00 am - 7:45 am	Lane Swim
8:05 am - 8:55 am	Water Workout (M, W & F – Shallow/Tu, Th – Deep)
9:30 am - 11:30 am	Family Swim (lanes available)
11:30 am - 1:00 pm	Adult Swim (lanes available)
4:00 pm - 7:00 pm	Moose Jaw Kinsmen Flying Fins
5:30 pm - 6:30 pm	Water Workout (M & W Deep/Tu & Th-Shallow)
7:00 pm - 8:45 pm	Family Swim (lanes available)

Friday

6:00 am - 7:45 am	Lane Swim
8:05 am - 8:55 am	Water Workout (M, W & F – Shallow/Tu, Th – Deep)
9:30 am - 11:30 am	Family Swim (lanes available)
11:30 am - 1:00 pm	Adult Swim (lanes available)
4:00 pm - 7:00 pm	Moose Jaw Kinsmen Flying Fins
5:30 pm - 6:30 pm	Water Workout (Shallow)
7:00 pm - 8:45 pm	Family Swim
7:00-9:00 pm	

Saturday

9:15am-11:15am	Swim Lessons
11:30-12:45 pm	Adult Swim (lanes available)
1:00 pm - 2:45 pm	Family Swim (lanes available)
3:15 pm - 5:00 pm	Family Swim (lanes available)
5:30 pm – 6:30 pm	Private Rentals
7:00 pm - 8:45 pm	Family Swim (lanes available)

Sunday

11:30 pm - 12:45 pm	Adult Swim (lanes available)
1:00 pm - 2:45 pm	Family Swim (lanes available)
3:15 pm - 5:00 pm	Family Swim (lanes available)
5:15 pm – 6:45 pm	Swim Lessons
7:00 pm - 8:45 pm	Family Swim (lanes available)

September 7, October 12 & November 11 Stat Holiday

11:30 am – 12:45 pm	Adult Swim (lanes available)
1:15 pm - 3:00 pm	Family Swim
3:15 pm – 5 :00 pm	Family Swim

December 31 – No First Night Event

11:30 am – 12:45 pm	Adult Swim (lanes available)
1:15 pm - 3:00 pm	Family Swim
3:15 pm – 5 :00 pm	Family Swim Closed December 24, 25 & 26.

Christmas Holiday Schedule will be developed for Family Swim and Advanced Classes.

Staff Requirements

Phase 1:

All Staff will return to work with a rotation duty for cleaning.
Head guard will monitor physical distancing.

Phase 2:

Increase weekend staffing

Phase 3:

Return to regular staffing levels

Operational Guidelines

Communication and Enforcement

- Registrations will be completed in advance online or over the phone.
- Guidelines and procedures will be emailed to participants upon registration and posted at the Kinsmen Sportsplex.
- Members will receive an email related to guidelines and schedule.
- Kinsmen Sportsplex staff will be responsible for the communication of all guidelines.
- Family Swim capacity will be limited to 65 people per swim.
- Adult/Lane Swim capacity will be limited to 30 people per swim.
- Aquafit capacity will be limited to 15 people per swim

Entrance Point

- McDonald Street – North Door
- A sign will be displayed on the McDonald Street entrance displaying the guidelines and inform the public about COVID-19 precautions and restrictions.
- Patrons will line up outside on the north sidewalk and inside the foyer and adhere to physical distancing markers displayed on the ground/floor.
- Shoes will be placed on racks in hallway in view of video surveillance.

Exit Point

- East Parking Lot – East Door
- Patrons will use the exit door at the east side of the change room hallway to exit
- Emergency Exits will remain the same as posted.

Staff PPE

- Staff will be provided face shields and/or non-medical masks.
- Additional PPE related to mask and gloves will be added to the personal First Aid Kits.
- Large First Aid Kits will be disinfected if used after each use.
- Additional training will be provided to staff related to recommendations and updates made from the Canadian Red Cross and updates will be made in the Aquatic Staff Manual.

Customer Screening

- Signage will be placed outside and on the door entrance to remind all people of COVID-free criteria to be met to enter the facility for themselves and their family members.
- Parents and caregivers must assess their child daily for symptoms of the common cold, influenza, COVID-19 or other infectious respiratory diseases before sending them to swim lessons.
- By entering the building, scanning a membership or paying, this is a declaration of health.
- Staff will be present in the lobby to assist with protocols prior to family swims.
- Front desk staff will have all patrons check in with a PerfectMind Account. Patrons will be encouraged to create a PerfectMind account and register online to eliminate the

WE ARE OPEN!

**By entering the building,
you and your family are
confirming the following:**

I do not have any unexplained, new or worsening symptoms (of any severity) that may include one or more of the following: cough, runny nose, sore throat, flu-like symptoms, shortness of breath, muscle aches or joint pains, fatigue or fever (38° C or 100.4° F).

I have not traveled outside of Canada within the last 14 days.

I do not have a current positive test for COVID-19.

I have not been exposed to someone who is under testing for COVID-19 or has been confirmed to having COVID-19 in the last 14 days.

I will maintain 2 metre physical distancing.



requirement to physically sign in. A health screening will also be done when registering online.

- In the event that a participant is observed to have COVID-19 symptoms staff will refuse to allow the person further access to the building and ask them to leave the building immediately by the appropriate exit.
- Staff will explain to the customers who are denied access that they will need to wait fourteen (14) days before they can attend or that they will need to provide a medical certificate indicating that the symptoms that they are exhibiting are not related to the COVID-19 virus. If a customer develops COVID-19 symptoms during a swim, they will be moved to an isolation room (meeting room) and a deep clean will be performed by staff.
- Once the patron has left the building, staff must sanitize any surfaces that the customer may have touched.
- If the individual refuses to leave or is in distress, staff will call 911 and Police and/or EMS will be dispatched to assist.
- Anyone under the age of 16 yrs must be accompanied by a parent or caregiver who can ensure proper physical distancing is maintain in all areas. Family swims are designed for family attendance. The admission policy has been changed in the Aquatic Safety Plan. Bracelets for under 6 years-arm's reach will be given to the parent to be put on the child.
- If a participant requires close contact and/or first aid, staff must wear a procedural/surgical mask and eye protection during all interactions and should try to avoid contact with any respiratory secretions. Once the participant has left, staff must wash their hands and ensure all areas that the participant occupied are cleaned and disinfected.
- After the customer has successfully checked in, front desk staff will reinforce key messages and regulations surrounding:
 - entrance and exits
 - use of changerooms and washrooms
 - physical distancing
 - equipment cleaning responsibilities
 - hygiene etiquette
 - hand washing station locations

Guidelines for General Pool Operations

- All participants are highly encouraged to register online for swim programs. Phone call and in-person registrations will also be accepted.
- Proper and frequent hand hygiene by public and staff is a vital component in preventing the transmission of illnesses. Public and staff must wash hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer approved by Health Canada. Avoid touching your face, mouth, nose and eyes.
- Change rooms are open, and all participants are asked to come dressed in pool attire to minimize usage of the changerooms. Shoes are to remain in the shoe racks.
- All user must take a cleansing shower from head to toe with soap prior to entering the pool. An off-duty rotation guard and/or the Head Guard will be enforcing this on the pool deck.
- Public and staff, except for household and extended household contacts, must maintain a minimum physical distance of two metres in all areas, including the

swimming pool(s). The limit of swimmers will be set at 65 swimmers to ensure this is maintained.

- Only 6 swimmers will be allowed in the hot tub. Maximum of 20 minutes.
- The steam room will remain closed.
- The drinking fountain will remain closed.
- Lockers will be limited to 50% capacity in the change room and on-deck lockers are not available.
- Over night use of lockers is not allowed for members.
- Directional flow markings will be located throughout the facility, including hallways, change rooms and pool deck areas.
- Except for Lifeguard patrolling, the Bulkhead will be one-way traffic; distancing stickers will be placed on the deck for the waterslide and diving board.
- Rotational lifeguard or extra lifeguard will provide enhanced cleaning and disinfection in public and staff areas, including, but not limited to, change rooms, door handles/knobs, flotation aids, handrails, light switches, payment devices, play structures, shared workstations, shower areas, slides, tables and toys.
- Towels service for members will no longer be provided.
- Patrons must remove face masks prior to entering the pool.
- Bracelets for deep end laps will be discontinued until larger numbers are attending the pool.

Activity Considerations and Physical Distancing

- All close greetings like hugs or handshakes will be avoided.
- Activities will be structured to avoid direct physical contact
- Lane swim will be structured to allow for physically distancing using one way, circuits and type of speed designation. Passing in lanes must not occur.
- Swimmers from the same household (e.g. siblings) do not need to maintain physical distance from each other and are encouraged to stay close to each other to maximize space.
- Competitive swim meets or other group events will not be scheduled at this time
- Private Rentals such as birthday parties will be part of Phase 3 and outside of public usage time.
- A limited number of flutter boards and life jackets will be made available and will be placed in a bucket for disinfection after each use. Items must not be shared between non-household contacts. Toys will not be implemented at this time. Only City swim aids can be used, no personal items, other than personal lifejackets or water wings.

Cleaning Measures

- All items used by participants will be cleaned and disinfected during or at the end of each swim. A daily checklist will be created for cleaning and items cannot be used again until cleaned.
- Disinfecting of high touch areas and washrooms will be ongoing by aquatic and facility staff and a deep cleaning will occur daily. Staff will be required to fill out a daily log regarding disinfecting and cleaning that was completed.

Swim Lessons, Fitness Classes and Training Guidelines

Communication Plan and Bookings

- Registration and payment will be available online through PerfectMind Recreation Software and members will be encouraged to register online, by phone or the City of Moose Jaw App.
- Whenever possible, contactless forms of payment and check-in will be used.
- Communication will be sent out to all members and users notifying them of rules and regulations that will be pertinent to all users prior to entering facility and within the facility.

Hygiene Practices

- Instructors will ensure a cleansing shower occurs
- Classes will not share equipment with other classes.
- Swimmers will not use other personal items, except for goggles which may not be shared.

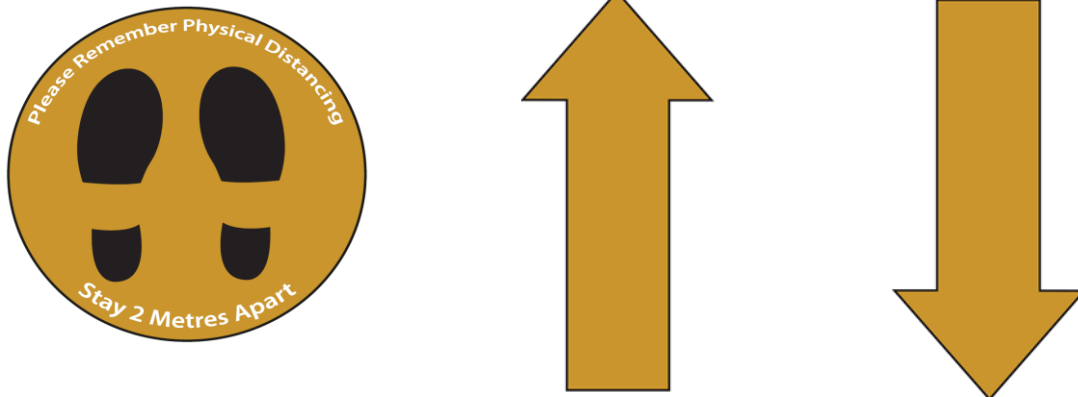
Activity Consideration and Physical Distancing

- Group activities, such as swimming lessons, fitness classes and competitive swim team training, will be scheduled outside of family swim times.
- Swimming lessons will be programmed as parent-assisted up to Swim Kids 4 and instructors will teach from the deck unless providing demonstrations to maintain physical distancing and avoid physical contact. Class sizes will be limited to 6.
- Training/instruction activities that promote grouping, such as instructions at whiteboards, deck side demonstrations, etc., must be done in a way to ensure physical distancing.
- Swimmers should arrive as close to the start time as possible and exit the facility immediately after practice/lessons are over to reduce the number of people gathering in a facility.
- Coaches and training staff must maintain physical distancing.
- Team workouts and other fitness activities on the pool deck or in another area of the facility are subject to fitness facility guidelines in the Re-Open Saskatchewan plan.
- Lifeguard courses and training are permitted subject to the gathering and physical distancing restrictions.
- Fitness equipment will be dispersed so that the 2-metre distancing restrictions can be achieved.
- Group fitness classes will be offered with no more than 15 people per class.
- Groups will not share fitness equipment.

Signage Plan

- Physical distancing signs will be placed on the floor
- Clear entrance and exits signs will be posted
- Handwashing reminders will be posted
- Cleaning requirements will be posted.
- Signage will be placed in all locations to remind members of physical distancing and hygiene protocol.

- Directional traffic signs will be placed on flooring controlling traffic.
- Markers will be placed in areas as visible queues to encourage physical distancing.



Lifeguarding and Supervision

- Updates to the Aquatic Safety Plan include first aid and lifesaving procedures. PPE of Face shield, gown and gloves must be used for all first aid once a patron is out of the water.
- Staff training will occur related to new COVID-19-specific first aid and lifeguarding procedures.
- Lifeguards need to focus on the health and safety of swimmers in a facility. Therefore, they should not be required to enforce public health measures such as physical distancing and occupancy. Rotation staff and Headguards will need to compliance with these guidelines.
- When the process of drowning begins, the outcomes are often fatal. Unlike other injuries and many diseases, survival from drowning is determined almost exclusively at the scene of the incident and depends on two variable factors: how quickly the person is removed from the water, and how quickly effective resuscitation is performed. Since risk aversion is impossible, any attempt at first aid or resuscitation, may result in self-contamination.
- If an in-water rescue is performed, both the lifeguard and the rescued person should be monitored for COVID symptoms and followed up with in 2 weeks.
- The Aquatic Safety Plan takes into consideration both the best outcomes for potential injured and/or drowning persons, as well as the top safety for the staff, based on Recommendations from the Canadian Red Cross and the Lifesaving Society.

Enforcement

1st Warning

- Staff stops the undesired behavior and explains correct protocols.
- No report required.

2nd Warning

- Staff stops the undesirable behavior and repeats correct protocols.
- Client is asked to end their swim/workout today and leave the Kinsmen Sportsplex
- Report is required.

Repeat offender

- Staff stops the undesirable behavior and repeats correct protocols.
- Client is asked to leave the facility for a certain period.

Kinsmen Sportsplex Re-open Information

WELCOME BACK

We missed you as much as you missed us. The City of Moose Jaw has begun a phased re-opening of recreation facilities.

As we begin the re-opening of City of Moose Jaw facilities, we are eager to welcome back our members, with the safety of everyone as our priority.

As we re-open in this unprecedented time, we have implemented the Province of Saskatchewan's guidelines which include several new safety measures for staff and customers. Since many of these measures will be new and will evolve, we want to be sure customers are aware of these changes.

KNOW BEFORE YOU GO

We have taken enhanced health and safety measures for you, our customer, and our employees. You must follow all posted instructions while visiting City of Moose Jaw facilities. Help Saskatchewan flatten the curve by staying home if you are sick.

By entering the building, you and your family are confirming the following:

1. I do not have any unexplained, new, or worsening symptoms (of any severity) that may include one or more of the following: cough, runny nose, sore throat, flu like symptoms, shortness of breath, muscle aches or joint pains, fatigue, or fever (38 C or 100.4 F)
2. I have not travelled outside of Canada within the last 14 days.
3. I do not have a positive test for COVID-19.
4. I have not been exposed to someone who is under testing for COVID-19 or has been confirmed to having COVID-19 in the last 14 days.
5. I will maintain 2 metre physical distancing.

We will need your help to ensure we create the safest environment possible.

What to expect

- You must pre-register for all activities online at www.moosejaw.ca, City of Moose Jaw app or via phone.
- Customers under 16 yrs old must be accompanied by a parent or caregiver.
- Slightly modified hours.
- Reduced capacity and modified user flow.
- Separate entrance and exits.
- Enhanced cleaning by City of Moose Jaw staff.
- Reduced shared equipment / items available.
- All users and all family members must have a PerfectMind user account for contact tracing purposes.
- Modified swim lessons and fitness classes will return in September. Registration opens Monday, August 10.

Reserve your activity

- Book your activity online at www.moosejaw.ca , with the City of Moose Jaw app or call to ensure your spot.
- Members can book 5 days in advance and non-members can book 4 days in advance.
- There are no refunds on bookings. No shows will result in cancellation fees.

Recommendations for facility users

- Come dressed for your activity.
- Bring clean indoor shoes for your workout. Outdoor shoes must be stored on racks.
- Locker rooms are available at 50% capacity.
- Bring your own lock for locker use.
- Member permanent locker service is suspended during the pandemic.
- Towel service will no longer be provided to members.
- Water bottles are allowed as water fountains are closed.
- Washrooms are available.
- No personal toys.
- All personal equipment must be sanitized on the deck

Personal hygiene and cleaning of equipment

- Members and visitors must regularly sanitize and wash their hands.
- Sanitize all equipment before and after use with sanitizer and paper towel provided.
- Please dispose of paper towel after each use.
- Please notify staff if you witness members not following protocol.

Your membership

- Preauthorized payments will be scheduled to start again September 1, 2020.
- New expiry dates will be established for your membership upon your first visit or on September 1, 2020.
- New memberships are available.
- If you are not ready to come back, please email recreation@moosejaw.ca

Customers under 16 years old

- To assist with ensuring physical distancing is respected, all customers under the age of 16 yrs must be accompanied in the water or in the facilities by a parent or a responsible caregiver that is 16 yrs or over.

Spectator areas

- Spectator areas will remain closed at this time.

Use of masks

- Health officials have agreed that wearing a non-medical mask (e.g. cloth or other materials) – even if you have no symptoms – is an additional measure you may take to protect others around you, particularly in situations where the recommended physical distancing cannot be maintained.

More Information

- Please see the Province of Saskatchewan website for more details on the Provincial Public Health Orders and the Reopen Saskatchewan plan at www.saskatchewan.ca

Kinsmen Sportsplex Rates

- Drop-in and punch card rates will remain the same. No group drop-in rates.
- Memberships will unfreeze on August 13 with communication from the Member. All time lost will be credited with new expiry dates created.
- Members can cancel their membership with no administration fees.

Drop-in/Punch Cards	Children (3-12 yrs)	Youth (13-17 yrs)	Adult (18-54 yrs)	Senior (55+)	Family Rate
Facility Drop-in Rate	\$4.25	\$6.25	\$7.75	\$6.25	\$16.25
Facility Punch Cards (5)	\$17.00	\$25.00	\$31.00	\$25.00	\$62.00
Facility Punch Cards (10)	\$34.00	\$50.00	\$62.00	\$50.00	\$130.00
Kinsmen Sportsplex Membership					
Monthly Membership	\$29.75	\$43.75	\$54.25	\$43.75	\$113.75
3-Month Membership	\$74.38	\$109.38	\$135.50	\$109.38	\$284.50
Annual Membership	\$238.00	\$350.00	\$434.00	\$350.00	\$910.00
Recreation Pass Membership					
Monthly Recreation Pass	\$34.75	\$48.75	\$59.25	\$48.75	\$128.75
3-month Recreation Pass	\$86.88	\$121.88	\$148.00	\$121.88	\$322.00
Annual Recreation Pass	\$278.00	\$390.00	\$474.00	\$390.00	\$1,030.00