

# KINSMEN SPORTSPLEX 855 MacDonald St. W. Phone 306-694-4483

## SWIM LESSON SCHEDULE & REGISTRATION INFORMATION:

Registration is on a first come, first serve basis in person or by mail.

Children must be registered by an adult.

All fees payable at time of registration by cash, cheque or interac.

Transfers will be allowed up to two weeks prior to the start of the registered session, providing room is available.

Registrations are final and no refund will be given except upon submission of a medical certificate and your receipt.

Refunds may be subject to an administration fee.

Minimum registration numbers are required for classes to run.

Times and dates are subject to change.

Wait lists are available for classes that are full. We encourage use of the wait lists, as transfers and cancellations occur and new classes get set up.

The Kinsmen Sportsplex is also a component of the YMCA Aquatic Program. For more information call 306-692-0688.

**The Red Cross Learn to Swim Program is based on research, excellence in teaching, age-appropriate learning, a combination of strokes and skills that save lives, and a focus on healthy lifestyles and personal goals! Enquire at the reception desk for assistance in registering.**



|                  | Monday & Wednesday        |   | Tuesday & Thursday        |   | Saturday   | Sunday  |
|------------------|---------------------------|---|---------------------------|---|--|---|
| <b>MIDWINTER</b> | January 7 -<br>February 4 | February 11 -<br>March 18<br><small>*No classes Feb 18-22</small> | January 8 -<br>February 5 | February 12 -<br>March 19<br><small>*No classes Feb 18-22</small> | January 26 -<br>March 30<br><small>*No classes Feb 9</small> | January 27 -<br>March 31<br><small>*No classes Feb 10</small> |
| <b>SPRING</b>    | March 20 -<br>April 17    | April 29 -<br>May 29<br><small>*No classes May 20</small>         | March 21 -<br>April 18    | April 30 -<br>May 28  | April 6 -<br>June 8<br><small>*No classes April 20</small>   |   |

The Red Cross Pre-School Program is designed for children ages 4 months to 5 years. Parents will participate in the first three levels and children move through based on age. Beginning with Sea Otter, at age 3, children must complete the requirements of each level before moving on.

| Class                                 | Fee     | Monday & Wednesday | Tuesday & Thursday | Saturday     | Sunday       |
|---------------------------------------|---------|--------------------|--------------------|--------------|--------------|
| Starfish, Duck, Sea Turtle (Parented) | \$60.00 | 6:30-7:00 PM       | 4:15-4:45 PM       | 2:30-3:00 PM | 2:30-3:00 PM |
| Sea Otter <b>3+ years</b>             | \$60.00 | 5:05-5:35 PM       | 5:40-6:10 PM       | 2:00-2:30 PM | 2:00-2:30 PM |
| Salamander                            | \$60.00 | 5:40-6:10 PM       | 5:05-5:35 PM       | 5:40-6:10 PM | 4:15-4:45 PM |
| Sunfish                               | \$60.00 | 5:05-5:35 PM       | 6:30-7:00 PM       | 6:30-7:00 PM | 6:15-6:45 PM |
| Crocodile/Whale                       | \$60.00 | 4:30-5:00 PM       | 6:15-6:45 PM       | 6:15-6:45 PM | 5:55-6:25 PM |

Swim Kids Levels 1-10 are designed for children ages 6 to 12 years and are completion-based.

| Class                                     | Fee      | Monday & Wednesday   | Tuesday & Thursday | Saturday     | Sunday            |                   |
|---|----------|--|--------------------|--------------|-------------------|-------------------|
| Swim Kids 1 <b>6+ years</b>               | \$60.00  | 5:05-5:35 PM   | 5:40-6:10 PM       | 5:40-6:10 PM | 5:05-5:35 PM      |                   |
| Swim Kids 2                               | \$60.00  | 5:40-6:10 PM   | 5:05-5:35 PM       | 5:05-5:35 PM | 5:40-6:10 PM      |                   |
| Swim Kids 3                               | \$60.00  |  | 5:40-6:25 PM       | 5:05-5:50 PM |                   |                   |
| Swim Kids 4                               | \$60.00  | 5:40-6:25 PM   | 4:15-5:00 PM       | 6:15-7:00 PM | 5:05 - 5:50 PM    |                   |
| Swim Kids 5                               | \$60.00  |  | 6:15-7:00 PM       | 4:15-5:00 PM |                   |                   |
| Swim Kids 6                               | \$60.00  |  | 6:15-7:00 PM       | 4:15-5:00 PM |                   |                   |
| Swim Kids 7                               | \$60.00  | 6:15-7:00 PM   |                    | 4:50-5:35 PM | 4:50-5:35 PM      |                   |
| Swim Kids 8                               | \$60.00  | 6:15-7:00 PM   |                    |              | 11:00 AM-11:45 AM |                   |
| Swim Kids 9/10                            | \$60.00  |  | 4:50-5:35 PM       |              | 9:05 AM-9:50 AM   |                   |
| Bronze Medallion (13 yrs or Bronze Star)  | \$160.00 | Easter Break Week Boot Camp - April 22 to 26 - 10am to 5pm - \$240 |                    |              |                   | 5:30 PM - 9:00 PM |
| Bronze Cross (must have Bronze Medallion) | \$130.00 |  |                    |              |                   | 5:30 PM - 9:00 PM |
| Adult & Teen Swim Basics 1 & 2            | \$70.00  | 9:00-9:45 PM   | 9:00-9:45 PM       |              |                   |                   |

### Easter Break - One Week Learn-to-Swim Lessons

April 22 - 26 (Daily)

| Class                                 | Fee     | Class times increased to accommodate one week time frame |              |
|---------------------------------------|---------|--|--------------|
|                                       |         | AM   | PM           |
| Starfish, Duck, Sea Turtle (Parented) | \$50.00 | 10:55-11:25 AM   | 6:25-6:55 PM |
| Sea Otter <b>3+ years</b>             | \$50.00 | 9:05-9:50 AM   | 5:35-6:20 PM |
| Salamander                            | \$50.00 | 10:05-10:50 AM   | 5:15-6:00 PM |
| Swim Kids 1 <b>6+ years</b>           | \$50.00 | 10:05-10:50 AM   | 5:00-5:45 PM |
| Swim Kids 2                           | \$50.00 | 11:00-11:45 AM   | 6:05-6:55 PM |
| Swim Kids 3                           | \$50.00 | 9:00-10:00 AM  | 4:30-5:30 PM |
| Swim Kids 4                           | \$50.00 | 9:00-10:00 AM  |              |
| Swim Kids 5                           | \$50.00 | 9:00-10:00 AM  | 5:50-6:50 PM |
| Swim Kids 6                           | \$50.00 | 9:00-10:00 AM  | 5:50-6:50 PM |
| Swim Kids 7                           | \$50.00 | 9:55-10:55 AM  |              |
| Swim Kids 8                           | \$50.00 | 9:55-10:55 AM  |              |
| Swim Kids 9/10                        | \$50.00 | 10:55-11:55 AM   |              |

### School Break Activity Clubs

February 18 - 22 & April 22 - 26 **\*\*pre-registration is required\*\***

1:15 - 5:00 pm    \$10/day or \$35 for all 5 days



Learn pre-lifeguarding skills & increase your aquatic fitness in a fun, team environment with our expert teaching staff! Pre-requisites: ages 7 - 14 years, must be able to swim 2 lengths of front crawl & be comfortable in the deep end.